# ANGAJA FOUNDATION SELF RELIANCE FOR THE UNDERPRIVILIGED "AN ORGANISATION FOR TRIBAL, RURAL AND URBAN INITIATIVE"

# ANNUAL REPORT 2016

## **ANGAJA FOUNDATION**

D-298 BASEMENT, DEFENCE COLONY, NEW DELHI

EMAIL- Angajafoundation@gmail.com

PHONE.NO. - 011-41643401

011-24634978

011-24692612

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# VISION

Angaja Foundation was registered as a Trust in 1998 where the founders intended at improving the lives of the

underprivileged men, women and children. The organization believes in helping the people to help them.

Wherever we work, either in slums or in any rural areas, the "poorest of the poor" are our main concern. Angaja is there to give men, women and children, adrift in the hustle and bustle of today's life, an anchor, some roots, a foundation of values and a quality existence so that they can spread their wings and fly towards a better future.

Angaja Foundation is also engaged in the animal welfare programs, lobbying for the environment, and for other socioeco-political issues, which affect the lives of men, women and their children.

We aim to promote development and awareness in poor people as a liberating force aimed at social justice, economic growth and self reliance.

# MISSION

"An organization with tribal, rural and urban

initiative"

We work with the socio-economically weaker sections with particular prominence on women and children and operate as catalyst of change in the lives of economically underprivileged men, women and the children to improve the quality of their lives and make it more meaningful. We work for poor to enable them to be self-reliant and enjoy a healthy, dignified and sustainable quality of life. And to that end, act as a collaborate with other agencies resource to governmental or non-governmental, as well as suitably intervene in policy formulation.

### **IMPACTS MADE BY ANGAJA FOUNDATION IN THE YEAR 2016**

During the year 2016, the organization did abundant work and made exceptional presence in all the sectors i.e. working with children, women, youth, sexually abused children, rehabilitation of rape victims and animal welfare. A comprehensive account of the efforts undertaken by the organization in the year

2016 is given.

# 1. Community Outreach Programme (Slum Development)

We have been working for the development of slum areas for many years and understand the importance of working at the grass-root level to help the poor to improve the quality of their lives. The slum areas are Block 18, Indira Camp, Kalyanpuri in East Delhi and Lal Bagh Jhuggi, under Mansarovar Park metroline, Shahdara in North East Delhi and we concentrate on the development of the whole community. Regular meetings are conducted with the community dwellers and the necessary action is taken to address their problems.





Working closely with the MLC's and M.L.A's and the Insaniyat Group, which is a community based organization formed by Angaja Foundation, we work together to improve the problems of sanitation, health and water issues. We provide health education to women and suggest ways to stay healthy. We have taken important steps to make the community aware about the importance of cleanliness, proper drinking water and health related issues. Tuition is provided to the children and young girls and boys are given health and sex education. Activities like indoor and outdoor games, arts and craft and career counseling is also done with the youth group.

2. Holistic Development of Youth

GROUP	AGE	ACTIVITIES	SCHEDUL E
Children	8-13	<ul> <li>Tuition for the children</li> <li>Indoor and outdoor games/General knowledge/Health education and sex education to youth and adolescents</li> <li>Art and Craft</li> </ul>	9:30 to 10:30 am 10:30 to 12:30 am
Adolescents boys/girls	14- above	<ul> <li>Health Education to the community</li> <li>Lunch</li> <li>Girls tuition</li> <li>General knowledge/Art and Craft/News/Indoor/Outdoor games</li> <li>Health/Sex Education/Career Counseling/Providing necessary information on various Government schemes.</li> </ul>	12:30 to 01:30 pm 01:30 to 02:00 pm 02:00 to 03:00 pm 03:00 to 04:00 pm 04:00 to 05:30 pm
	16- above	<ul> <li>Awareness program focusing on environment, values and self- reliance.</li> <li>Health Education</li> </ul>	

# 3. Sex Education

Imparting Sex Education to the youth in today's time is very important. Angaja Foundation is also involved in disseminating Sex Education which is an essential subject to be taught to the youth. Sex Education is informing the youth about the changes in the body parts, family planning, functions of reproductive parts, human immunodeficiency virus (HIV) and sexually transmitted diseases (STD's).Our coordinator is involved in spreading awareness to the young boys and girls in Kalyanpuri and Mansarovar Park slums where 30 boys and 30 girls in the age group of 12 to 16 years are involved in the session. According to the project coordinator working in the slums, the youth faces a lot of issues about sexuality and sexual behavior. A well conducted sex education session helps in creating a positive impact on their minds. The decisions they make can affect their health and well-being. After many sessions, the youth are now aware of the body changes, contraceptive measures and HIV Aids. They felt shy and uncomfortable in asking questions, but now they come up with a lot of questions and also take part in discussions.

## 4. Activities

### New Delhi Yuv Utsav & NGO Mela

The Delhi YMCA holds its annual 'Yuv Utsav and NGO Mela' for holistic development of marginalized children and youth.





The youth from Angaja Foundation actively participated in the event on the theme 'Hamari Beti' and took part in all the competitions i.e. Group Folk Dance, Dressing Up, Racing, Rangoli, Nukkad Naatak, Poster/Collage Making. The children performed in a number of forums and were well appreciated for their talents. Through the Nukkad Naatak, they had spread awareness on the social evils against the girl child. The children wrote their own stories and dialogues to deliver powerful messages to the society.

### • Right to Play Campaign on Metro Stations

Thousands of children are denied the opportunity to play due to various reasons like lack of playgrounds and opportunity due to which the overall development of a child is hindered. We organized a Right to Play Campaign on 27.02.2016 at Shahdara Metro Station and on 29.02.2016 at Laxmi Nagar Metro Station with an objective to bring this issue into the mainstream of national discourse on child rights by distributing handbills and getting signatures on a piece of cotton cloth at the gate of the metro stations.



# • International Youth Day

International Youth Day is celebrated on 12<sup>th</sup> August every year and is meant as an opportunity for the government and others to draw the attention to the issues of the

youth worldwide such as education, healthcare, employment opportunities, financial services and full participation in public life.

We celebrated International Youth Day at Mansarovar Park on 11.08.2016 and at Kalyanpuri on 13.08.2016 and did a community survey on issues like HIV Aids, Drugs, School Dropout, School Admissions and Career Counseling among the youth in the area. All the youth group boys and girls participated in the event.

### Celebration of Festivals

Celebration of Festivals is an integral part of every individual. It creates an environment of cultural harmony and develops a feeling of brotherhood among individuals. We celebrate all the festivals in Mansarovar Park and Kalyanpuri Slums with the youth group.

- Independence Day It is celebrated as the nation's independence from the British Empire on 15<sup>th</sup> August 1947. We celebrated the 70<sup>th</sup> Independence Day with a flaghoisting ceremony, drawing and painting competition and cultural events like slogan and essay writing. All youth group children boys and girls participated in the event.
- 2. Navaratri It is devoted solely to the Goddess Durga and her manifestations. It commences on the first and ends on the tenth day of the bright half of the lunar month, Ashvina. Our coordinator visited the nearby temple in Mansarovar park and Kalyanpuri with the youth group of boys and girls and celebrated Navaratri by performing Pooja at the temple. The temple was beautifully decorated with flowers and vibrant lights.
- **Diwali** Children were made to understand the significance of the festival of lights. The children took part in the preparations of the festival. They made colourful rangoli and decorated diyas and candles. With the onset of darkness, they lit up diyas and candles and sweets were distributed to them. Since many years we have been celebrating Diwali at our centres and it has become an important event.



# 4. Women Empowerment

The status of women all over the world has improved considerably in the 21<sup>st</sup> century. Angaja Foundation believes in Gender Equality and therefore the welfare and empowerment of women is one of the thrust areas of our work. We have established a good rapport with the

community and have also successfully motivated the women and their families to participate in the various learning and development activities.

Women Empowerment means improving the social, economic, political and legal strength of the women, to ensure equal rights to women, and to make them confident enough to claim their rights. Due to the efforts and encouragement by the organization, children, women and youth are coming forward and participating in the Ngo's activities. We have conducted a number of meetings in Kalyanpuri and Mansarovar Park slums. Wide range of topics is covered in these meetings especially on Health and Women Empowerment.

#### **Health Education to Women**

Health education serves the purpose of creating awareness among the women about health and the problems related with it. At Angaja Foundation, we have a health awareness programme at Kalyanpuri and Mansarovar Park on a daily basis with a hope that it would lead them towards better health conditions and a healthy living environment for the children and their families.



Earlier, we had group meetings but now the project coordinator visits the houses individually. Under this programme, the women of the community are made aware about family planning, vaccination, birth control measures, pregnancy, personal hygiene and also about various diseases such as diarrhea, malaria and dengue. They are advised to take a healthy diet and drink plenty of water. The objective is to make the women aware about health and hygiene and the importance of cleanliness in their lives. A positive change has been observed, they are aware about diabetes, they now boil water before consuming it, maintain proper hygiene, the number of children per family has decreased as compared to earlier and they visit the doctor whenever needed. They are aware of Sexually Transmitted Diseases and birth control measures.

### Mahila Aarakshan Diwas

Several prominent women's groups celebrated Mahila Aarakshan Diwas at Dilli Haat on 14<sup>th</sup> September 2016 to reaffirm their commitment to the passage of the Women's Reservation Bill in the Parliament. It was organized by the National Federation of Indian Women. The bill seeks to allow more women to serve the country at the highest level and guarantees a minimum of 33% reservation of seats in the Parliament. Angaja Foundation participated with 13 children from Kalyanpuri. They performed Rajasthani folk dance, Women Empowerment Skit – Naari Ki Sashaktikaran and Deva Shree Ganesha dance of Ganesh Chaturthi. They were encouraged and well-praised for their wonderful performance.



The programme was concluded with a belief that it was necessary to include women in highlevel democratic processes to build a safe and progressive society.

Naari Ki Sashaktikaran – Street Play

Angaja Foundation organized a street play on Naari Ki Sashaktikaran (Women Empowerment) at Kalyanpuri on 02/04/2016. The play begins with two groups of children playing. One group has toys and the other one does not. Khushi and Rani come back home and asks for toys from their mother. She refuses and tells them that she has no money left with her as whatever she earned has been taken by their father for drinking alcohol. Later she buys toys for them from a local market. When their father comes back, he sees the children playing with toys. He beats his wife and tells her that she could not give him money for drinking alcohol rather she bought toys for their children. The mother then appears as an empowered woman and tells him that she is not a helpless woman anymore. They start fighting and soon the neighbours appear. They encourage her to go to the police and take legal aid as there are many laws to protect rights of women. The police arrest him and he goes to jail. After a year, he is released and comes back as a changed man to his family. He becomes hard working and promises his wife that he would educate their daughters and would keep them happy.

### 5. Rehabilitation of Rape Victims

Angaja Foundation has been running "Rape Crisis Intervention Centre" under Delhi Commission for Women (DCW) in New Delhi since 2005. We have more than 1000 rape cases on our records which have been registered and half of the cases of Sexual Assault are of minors. Our main objective is to help the victim and his/her family to come out of the trauma. The project ensures that the victims get justice and are treated properly while going through the legal procedures, police, judiciary and hospitals. Follow-up process includes home visits, court visits, and continuous interaction with the victim and her family. We assist the family in the court proceedings and if the victim is a minor, then we prepare her for the statement to be given in the court. The organization also counsels the family to overcome any fear they have about appearing in court. The organization also provides financial assistance for medical treatment if required. We also follow up each and every case in the lower courts like Tis Hazari, Patiala House, Karkardooma, Rohini and also the Juvenile Court. Our objective behind these visits is to ensure that the accused gets convicted.

Name: Sakshi (9 years); F.I.R. No. 0081/16; Police Station: Chanakyapuri

The victim, Sakshi and the accused, Johnny lived in the same area in Sanjay Colony Camp with their families for last 12 years. On 02.05.2016, when Sakshi's mother, Meena Devi returned home from work, Sakshi told her that Johnny had touched her private parts and made forceful physical relations with her. Then he took out a big knife and threatened her

that he would kill her if she told anyone about it. She told her mother that it was happening since the last six months. He removed his clothes and inserted his private parts into hers. When the electricity goes away, he used to call the children of the nearby area to watch television and laid down nude on them. W/SI Urmila said that she received a call on 02.05.2016 at 9.30 pm and met the victim at Sanjay Camp. The victim was taken to the hospital for her medical examination and FIR was launched against the accused. On 17.05.2016, Angaja Foundation was asked to attend Sakshi's case. Our counselor met Sakshi along with her mother and sisters at her home. She provided her support and advised her family not to leave her alone at home and asked her to focus on her education. She was prepared for the statement and was advised to speak the truth without any fear. She was produced before the CWC Mayur Vihar I. The accused was soon arrested.



#### Name: Deepa (7 years); F.I.R. No. 0150/16; Police Station: Mandir Marg

Deepa's mother worked as a domestic servant in Kali Bari. On 31.07.2016, when she returned home, she saw Deepa crying in pain. She told her mother that her cousin brother, Santosh (24 years) had raped her. The accused worked as a cleaner in a hotel in Connaught Place. When he got back home, Deepa's mother had questioned him and he refused. The argument went on for an hour and she slapped him 3-4 times. The accused took Deepa and her mother to RML Hospital to prove himself innocent. The medical reports showed finger insertion in her private parts. The doctor on duty called the police and he was arrested and taken to PS Mandir Marg. Our counselor reached there to counsel Deepa and her mother. On

03.08.2016, our counselor went to find out about the welfare of the victim and her family. Her mother told our counselor that she wants to keep her daughter in an orphanage as she is working all day long and nobody was there to take care of her. Our counselor asked her mother to keep Deepa with her at their home itself since Deepa was not willing to live in an orphanage. They were presented before CWC, Mayur Vihar I and CWC counselor Aparna Dwivedi also wrote to the Ministry of Child and Women Welfare for sponsorship in any field as they were very poor and helpless. Deepa's family shifted to a rented home in Shadipur Depot and the girl started going back to school. The accused was arrested and was in judicial custody.



### Name: Shivani (12 years); F.I.R. No. 0092/16; Police Station: New Ashok Nagar

The victim, Shivani lived in a rented house and her father worked as a manager in an ice cream factory. Her brother went to the market with her mother. The accused, Golu first came to victim's house to enquire about the members of her house. When he came to know that she was alone, he came back with his friend Danish and they tried to open the door. They were followed by their friends Ashu and Vipin. They caught her hands and then raped her. In the meanwhile, her sister came back and got hold of one of the accused. She called the police and he was arrested. After receiving the call from the police station, our counselor went to the police station for the victim's counseling. She provided psychological support to her and

assured her with all the legal and financial support from the NGO. The victims Vipin and Golu had been arrested, Danish was absconding while Ashu was left free.

#### Name: Aarti (10 years); F.I.R. No. 0149/16; Police Station: Mandir Marg

On 29.07.2016, Aarti was sleeping in her house in the quarters of Lady Hardinge Medical College. At 12 midnight, the accused Vidyanand (50 years), who is her neighbour, came into her room. Her mother works as a helper in Vigyan Bhawan. Her father was not home at that time as he had gone to collect her mother from Vigyan Bhawan. She came home very late since there was a political meeting going on that day. The accused touched her breasts and tried to sexually assault her. She woke up and cried for help. Immediately one of her neighbour came to help her. By that time, her parents also got back home. They caught hold of the accused and called the police. On 22.08.2016, our counselor was called to counsel the victim. The accused was arrested and was in judicial custody. The victim and her family shifted to Dwarka Sector IV as their landlady advised to move from there since it had become a police case. The child was produced before CWC, Mayur Vihar I and her father was directed to send her to school regularly. Our counselor visited the child and she was alright.

## 6. Animal Welfare

Angaja Foundation focuses on prevention of cruelty to animals and the welfare of distressed animals. It takes up cases from all over Delhi concerning the welfare of the animals under its Animal Welfare Project.



Under this project, we have set up an animal shelter which is located in Jaunapur Village ahead of Mehrauli. There are 30 dogs in the shelter. We pick up stray dogs from the streets, send them for sterilization and the animals in need are taken to our shelter. They are taken care of in a good environment, proper food and water is provided and regular sterilization is done. We are thankful to MCD for picking up the dogs for sterilization, without which too many unwanted puppies would be born. We are also feeding cows and keeping water troughs for cows and other animals in Kalyanpuri, Block 18, the slum area where we work, Kotla Mubarakpur and the industrial area, Udyog Vihar I in Gurgaon.

- Seven puppies were born at the shelter home in village Jaunapur. Out of these, one was adopted and the rest are taken care of at the shelter home and provided with a good diet and medicine.
- Three puppies were sent to the shelter home by Ms. Shiraz, who informed us that she could not look after them. They are provided with food and medicines.
- A Labrador 'Sarah' was left outside a dog shelter home 'Paws' in Vasant Kunj and was looking unhappy and weak. She has been adopted by our shelter home and is taken care of.
- A beautiful Great Dane 'Husky' was adopted by us from the same shelter home where he had been wrongfully operated by the vet on the foot as he considered it to be a tumor. His paws were infected and there was a big hole in his paws. His treatment is still going on at CGS Hospital, Phase III, Gurgaon which is an excellent hospital for dogs as the vets are well-qualified. According to the CGS doctors, he has got bone infection. The treatment is going on for a long time and the hole is getting filled-up. He has been adopted in a loving home and he has put on weight and is recovering fast.



Angaja Foundation's coordinator had visited many Dairies and Goushalas in Delhi and NCR.

The Gaushalas are located in Khanpur, Dabar Khera Village, Bakoli Village, Rajender Nagar and Najafgarh. Most of the Gaushalas were found clean, proper diet was given in time, drinking water is available for the cows, proper medical treatment is provided. There was a large open space where all the cows can roam freely. Some of the gaushalas had special arrangement for the disabled cows.

The Dairies are located in Aarambagh, Bhalaswa, Sant Nagar, Zamrudpur and Ghazipur. The cattles were kept clean, meals were given on time, drinking water is available to them and the cattles are kept in the premises and not left open. The doctor visits the dairies regularly and they also provide special care to the disabled cows. When asked for oxytocin injection, most of them refused. The owner of Bhalaswa Dairy said that using oxytocin was considered as an act of sin by them.

## 7. Important meetings and workshops

• National Plan of Action for Children - Workshop on What Next for India's Children (19 February 2016)

The purpose of this workshop was to focus on sustainable development goals which includes end of poverty, achieving food security and improving nutrition, ensuring healthy lives and promoting well-being. It also involves achieving gender equality and women empowerment, promoting societies for sustainable development and taking urgent actions to combat climate change and its impacts. The government has notified four key areas to be addressed : 1) Survival, Health and Nutrition – Ensuring access to comprehensive and essential health care for all children across the full span of childhood. 2) Education and Development – Ensuring all every child's access to learning, knowledge, education and opportunity. 3) Protection – Providing a safe environment for every child, to address vulnerability. 4) Participation – Providing for every child's meaningful participation in his/her own development and in decisions affecting him/her.

The key issues were identified through analysis of existing data on child survival, health, nutrition and protection and through consulting children themselves.

### Workshop on Hazardous Waste Management by Ministry of Environment, Forest and Climate Change. Government of India at PHD Chambers (8-9<sup>th</sup> September 2016)

The workshop was structured to cover the policy, handling practices, treatment techniques and environmental aspects of developing hazardous waste management systems. It included studying the sources and characteristics of hazardous waste, handling and transportation, legal framework, recycling and treatment techniques. The exponential growth in the industries has lead to the release of huge quantities of waste, potentially hazardous to the environment and to living organisms including humans. Indiscriminate disposal of such wastes on land and water bodies has lead to the contamination of surface and ground water supply due to chemicals leaching out of the waste dumpsites posing potential risk to human health.

### • NAMMHR – People's Convention on Maternal and Neonatal Health Rights (16-17<sup>th</sup> December 2016)

India has apparently experienced a decline in its maternal mortality ratio from 301 in 2006 to 178 in 2013 maternal deaths per 100,000 live births. However, these numbers are highly under-reported. Similarly, Neonatal and Infant Mortality continues to be a serious challenge for India. The objective of the convention was to understand the issues of maternal and neonatal health and its determinants from the life experiences and field realities of diverse marginalized groups, to explore synergy between various field-based and issue-based groups and campaigns to generate a nation-wide collaborative accountability agenda to address preventable maternal and neonatal

mortality and to strengthen the conversation between rights groups working at the national and sub-national level and build intersectional cross-movement alliances to address maternal and neonatal health.

### FICCI CSR Summit - Strengthening CSR Ecosystem in India for Sustainable Impact (21<sup>st</sup> and 22<sup>nd</sup> December 2016)

CSR in India has become an actual resource allocation platform backed by legislative support to not strengthen company's CSR efforts but also shape India's economic future and their own global competitiveness. The discussion revolved around creating the right environment and strengthening CSR initiatives for sustainable impact, adoption of best practices in targeted domain, liasioning with primary and secondary stakeholders. The objective was to understand how corporates can provide an enabling environment, understand ways on how to leverage corporate core strengths such as technical expertise, develop and harness People-Public-Private Partnership that shall propel growth and share, understand and ideate how to collaborate with stakeholders and experts to make progress towards nation's goals for skill-building, access to water and sanitation and healthy environment.